

ROD BOLT STRETCH & TORQUE SPECS

Make	Rod Bolt Part No.	Stretch (inches)	ARP Lube (ft./lbs.)
ALFA ROMEO	126-6101	.0080	45
AMC	112-6001	.0067	40
	114-6001	.0067	40
	114-6002	.0072	50
	114-6004	.0061	50
BMC/TRIUMPH	206-6001	.0067	50
	206-6002	.0067	35
	206-6003	.0067	44
	206-6004	.0061	44
	206-6005	.0060	42
	206-6006	.0067	50
	206-6007	.0048	30
	206-6009	.0067	32
BMW	201-6102	.0070	50
	201-6103	.0070	68
	201-6104	.0066	68
	201-6301	.0083	40
	201-6302	.0083	40
	206-6008	.0055	22
BUICK	123-6001	.0063	50
	123-6002	.0064	50
	124-6001	.0057	40
	124-6002	.0052	32
	124-6003	.0052	32
125-6001	.0057	50	
CADILLAC	135-6003	.0064	50
CHEVY	131-6001	.0062	40
	132-6001	.0062	40
	132-6002	.0057	25
	133-6001	.0064	50
	133-6002	.0068	40
	134-6001	.0062	40
	134-6002	.0061	50
	134-6003	.0063	50
	134-6004	.0080	75
	134-6005	.0063	50
	134-6006	.0055	45
	134-6027	.0064	50
	134-6401	.0062	40
	134-6402	.0066	50
	134-6403	.0063	50
	135-6001	.0080	75
	135-6002	.0063	50
	135-6401	.0080	75
	135-6402	.0064	50
	234-6301	.0064	40
	234-6401	.0070	40
	234-6402	.0055	45
	234-6403	.0065	50
235-6401	.0075	60	
235-6402	.0070	45	
235-6403	.0075	60	

Make	Rod Bolt Part No.	Stretch (inches)	ARP Lube (ft./lbs.)
CHRYSLER	141-6001	.0063	50
	141-6401	.0064	50
	142-6001	.0069	50
	142-6002	.0063	50
	144-6001	.0063	50
	144-6401	.0063	50
	145-6001	.0072	75
	145-6002	.0063	50
	145-6402	.0064	50
	244-6401	.0072	55
	245-6402	.0075	50
	FORD	150-6004	.0063
150-6005		.0063	50
150-6404		.0064	50
151-6001		.0065	40
151-6002		.0065	40
151-6003		.0050	26
151-6004		.0055	22
151-6005		.0049	36
152-6001		.0071	50
152-6002		.0063	50
153-6001		.0069	30
153-6002		.0063	32
154-6001		.0063	50
154-6002		.0069	30
154-6003		.0063	50
154-6004		.0055	50
154-6005		.0063	50
154-6006		.0063	50
154-6401		.0063	50
154-6402		.0069	28
154-6403	.0064	50	
155-6001	.0063	50	
155-6002	.0063	50	
155-6003	.0063	50	
200-6001	.0045	60	
250-6404	.0063	50	
251-6201	.0047	30	
251-6202	.0064	40	
251-6301	.0061	44	
251-6402	.0065	38	
254-6402	.0070	25	
254-6403	.0065	45	
255-6402	.0062	40	
HOLDEN	200-6001	.0063	50
	205-6002	.0062	40
HONDA/ACURA	208-6001	.0055	26
	208-6002	.0057	41
	208-6003	.0084	40
	208-6004	.0082	37
	208-6005	.0085	29
	208-6401	.0077	40